

# LOW GLUTEN MENU

SAVE THE HASSLE OF LOOKING THROUGH OUR MAIN MENU, THESE ITEMS ARE TAILORED TO YOU.

PLEASE NOTE, GLUTEN IS HANDLED IN OUR KITCHEN, SO WE CANNOT GUARANTEE 100% GLUTEN FREE.

## BREAKFAST

SERVED ALL DAY

**SAUSAGE BREAKFAST BUN** 5.00  
3 x gluten free sausages in a toasted gluten free brioche bun.

You can also add anything from our low gluten **BYOB** menu below!

### BYOB

(BUILD YOUR OWN BREAKFAST!)

Add together any of our breakfast items below to build your own Vegan breakfast!

TOFU "EGG" SCRAMBLE 🌱🌱	3.50
POACHED "EGG"	3.00
SKIN-ON FRIES 🌱	3.50
TOASTED GF CIABATTA & BUTTER 🌱	1.50
SAUSAGE 🌱	1.50
HASH BROWN 🌱	1.50
BAKED BEANS	1.50
PORTOBELLO MUSHROOM 🌱	1.00
GRILLED TOMATO 🌱	1.00
STRAWBERRY / RASPBERRY JAM 🌱	0.50
PEANUT BUTTER 🌱🌱	0.50
CHEEZE	1.00

## SIDES

SKIN ON FRIES 🌱	3.50
SMASHED AVOCADO 🌱	3.00
5 LARGE OLIVES 🌱	3.50
PEAS OR BEANS 🌱	1.50
CHILLI-NON-CARNE 🌱🌱	5.00

## DESSERTS

<b>HOT FUDGE BROWNIE BITES</b> 🌱 6.50
Chocolate fudge brownie bites with a topping of your choice – Chocolate 🌱 / White Chocolate Kinder 🌱
<b>ICE CREAM SUNDAES</b> 🌱 6.50
Made with Swish™ Mr Whippy ice cream & layers of a filling of your choice – Strawberry 🌱 / Chocolate 🌱🌱 / White Chocolate 🌱 / Kinder 🌱

## BRUNCH

**SMASHED AVO CIABATTA** 🌱 10.00  
2 slices of toasted gluten free ciabatta, topped with our smashed avocado, dressed with seeds, shoots and a wedge of lemon.

Top tip: Add a poached egg for 3.00

## JACKETS

A large jacket potato with a choice of fillings, all of our jacket potatoes come with a side salad.

**BEANS & 3 CHEEZE** 🌱 7.00  
Filled with layers of baked beans and 3 vegan cheeze's (smoked gouda, mozzarella and cheddar)

**CHILLI-NON-CARNE** 🌱🌱🌱 8.00  
Filled with layers of our signature chilli and 3 cheeze

## PIZZAS

Made with a gluten free pizza base

**CLASSIC MARGHERITA** 🌱 10.00  
Tomato base, tomatoes, mozzarella, basil leaves & extra virgin olive oil

**COMPLETELY TRUFFLED** 🌱 10.00  
Garlic cream cheeze base, mozzarella, mixed mushrooms, wild rocket, black truffle flakes, truffle oil

**GIARDINO PIZZA** 🌱 10.00  
Pesto base, mozzarella, tomatoes, peppers, red onion, grilled aubergine, mushrooms, rocket, herbs

## NACHOS

**ORIGINAL** 🌱 7.00  
Layers of warm tortilla chips, chives, jalapenos, guacamole, salsa and sour cream

**CHEEZE** 🌱 8.00  
Layers of warm tortilla chips, 3 cheeze, chives, jalapenos, guacamole, salsa and sour cream

**CHILLI** 🌱🌱 9.00  
Layers of warm tortilla chips, 3 cheeze, chilli-non-carne, chives, jalapenos, guacamole and sour cream

## BURGERS

Juicy ¼ pounder beyond meat patties served in a toasted gluten free brioche bun. All burgers come with skin-on fries.

**AMERICANA** 🌱🌱🌱 9.50  
¼ pounder, tomato, lettuce, gherkins, relish, mustard, cheddar

**THE REAPER** 🌱🌱🌱 10.00  
¼ pounder beyond patty, tomato, jalapenos, onions, reaper chilli sauce (**WORLD'S HOTTEST CHILLI**), mozzarella, lettuce & spicy fries

## LOADED FRIES

**CHILLI CHEEZE FRIES** 🌱🌱 8.50  
Seasoned skin on fries, loaded with our signature chilli-non-carne, melted cheeze, jalapenos, chives, mayo & sriracha